

Top News

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JTCHS Celebrated Staff, Patients, and Partners During National Health Center Week



JTCHS executive team and board members, (from left to right) Dr. Fabian Thurston, Dr. Deborah George, Dr. Luckner Denard, Toni Thompson, Paul Roberts, Irene Taylor-Wooten and Amy Clark during National Health Center Week. (Photo/Ricardo Reyes, Sonshine Communications)

Jessie Trice Community Health System (JTCHS) celebrated **National Health Center Week (NHCW)**, August 3–9, 2025, with a week of events honoring staff, patients, and community partners.

The celebration kicked off with Fuel Your Fitness Day, where employees and board members enjoyed a morning workout to promote wellness. On Staff Appreciation Day, President & CEO Ryan R. Hawkins and members of the JTCHS executive team and board visited each facility to personally thank staff and hand out treats.

Patient Appreciation Day celebrated the community with giveaways, including fans that read, "We're Fans of Our Patients." Social media takeovers throughout the week highlighted the

expertise of JTCHS's Family Medicine and Dental Residency teams.

The week continued with Partner Appreciation Day, recognizing key collaborators, and wrapped up with Gratitude & Future Vision Day, featuring the annual **Back-to-School Immunization Fair** in partnership with the Florida Department of Health, offering free immunizations to families preparing for the new school year.



Members of the JTCHS staff posed happily with members of the executive team and the board. (Photo/Ricardo Reyes, Sonshine Communications)

President's Message



Greetings,

Welcome to the Fall 2025 issue of the JTCHS Community Health Newsletter! As we approach the end of the year, I am grateful for all we've accomplished together. Just this past summer, we celebrated National Health Center Week and earned HRSA's CHQR Badge for Advancing HIT for Quality, a true reflection of our team's dedication and your support. I am continually inspired by our staff's commitment and the support our community shows every day.

It's been a busy year, and there is so much more in store as we close out 2025. In the meantime, mark your calendars for Thursday, November 20, Give Miami Day, and join us in supporting the Jessie Trice Community Health Foundation to continue giving back. Stay connected on Facebook, Instagram, and X @JessieTriceCHS for events, health tips, and news.

Thank you for being an essential part of our JTCHS family, we couldn't do it without you!

Be Well!

Ryan R. Hawkins
President and CEO, JTCHS



JTCHS Earned Prestigious HRSA's CHQR Badge for Advancing HIT for Quality

JTCHS is proud to announce it has earned the **2025 Community Health Quality Recognition (CHQR) Badge for Advancing Health Information Technology (HIT) for Quality** from the **Health Resources & Services Administration (HRSA)**. This honor highlights JTCHS's commitment to using technology to enhance patient care.

CHQR badges recognize Health Center Program awardees and look-alikes (LALs) that have achieved quality improvements in areas of access, quality, health information technology, and health outcomes using Uniform Data System (UDS) data from the most recent reporting period.

Breast Cancer Awareness Month

October is **Breast Cancer Awareness Month!** According to the Centers for Disease Control and Prevention (CDC), Breast cancer is one of the most common cancers among American women.



Here are some breast cancer symptoms and risk factors you need to know:

SYMPTOMS	RISK FACTORS
Change in the size or shape of the breast	Being a woman
Pain in any area of the breast	Being older. Most breast cancers are found in women who are 50 or older
Nipple discharge other than breast milk (including blood)	Changes in your BRCA1 or BRCA2 genes
A new lump in the breast or underarm	Family or personal history of breast cancer
If you have any signs, see your doctor right away.	Dense breast tissue
	Excess body weight
	Physical inactivity

Regular screenings and mammograms are key to detecting breast cancer at an early stage, when treatment is more likely to be successful. JTCHS encourages everyone to stay informed, perform self-exams regularly and consult their healthcare provider promptly if any changes are noticed.

SPOTLIGHT



Amy Clark
Chief Financial Officer

Meet **Amy Clark**, our new **Chief Financial Officer**.

Amy holds a Master of Business Administration in Accounting and Business from Youngstown State University. Before joining JTCHS, she served as CFO at Independent Medical Group,


overseeing financial operations and strategic planning. Amy brings extensive financial expertise and a commitment to supporting organizational growth while advancing JTCHS's mission to provide high-quality healthcare. **Welcome aboard, Amy!**

Support the Jessie Trice Community Health Foundation on Give Miami Day


Give Miami Day, one of the nation's largest 24-hour online giving events, takes place **Thursday, November 20, 2025**, with early giving starting **November 15**. During this time, you can make a meaningful impact on our community by supporting the **Jessie Trice Community Health Foundation (JTCHF)**. This nonprofit organization supports JTCHS through development, educational, and fundraising programs.


JTCHF initiatives include medication assistance for chronic illnesses, scholarships for science students, patient and provider sponsorships, a holiday toy drive, and rehabilitative services for women at Reaves House. These programs help improve health, education, and overall well-being in the community.

Support JTCHF and make a difference this Give Miami Day at givemiamiday.org/organization/jtchf.



Jessie Trice
Community Health
Foundation, Inc.
"Reaching the Community through Partnerships"





Thursday,
November 20

Staying Healthy Through the Holidays



The holiday season, from Thanksgiving to New Year's, is a joyful but often stressful time. At JTCHS, we encourage you to prioritize your health amidst the celebrations. Manage stress with daily walks, meditation, or time with loved ones. Eat mindfully by balancing indulgent treats with nutritious meals, and don't skip physical activity. Keep up with sleep, hydration, and routine checkups to support your well-being. Planning ahead and setting realistic goals can help you enjoy holidays safely and healthily. Small, intentional choices make a big difference in maintaining your health!



Healthy Smile Reminder

Remember to replace your toothbrush every **3 -4 months** or sooner if the bristles are worn. A fresh toothbrush helps keep your smile clean and healthy!

Event Snapshots!

Here's a look at what we've been up to:



Our President and CEO, Ryan R. Hawkins, on set at the Miami-Dade Economic Advocacy Trust's (MDEAT) Business in Black, alongside William "Bill" Diggs, executive director of MDEAT. (Photo/Ryan R. Hawkins, JTCHS)



JTCHS team at The Children's Trust Family Expo held on Aug. 2 at Miami-Dade County Fair & Exposition. (Photo via Facebook /Sara Amos, JTCHS)



Members of the JTCHS team gather in front of the Medical Bus, which provided care and support for back-to-school readiness. (Photo /Toni Thompson, JTCHS)

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Robert Thomas
Terrell West
Lenora Yates
David Williams Jr.

Ryan R. Hawkins, MSW, MPA, MBA
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Health & Wellness Calendar

Here are some special dates to call your attention from October to December 2025 to keep you in the know.

OCTOBER

6 Child Health Day

17 National Mammography Day

National Dental Hygiene Month

National Domestic Violence Awareness Month

19-15 National Pharmacy Week

29 World Stroke Day

NOVEMBER

1 National Brush Day

9-15 National Nurse Practitioner Week

11 Veteran's Day

American Diabetes Month

20 Give Miami Day

27 Thanksgiving Day

DECEMBER

1 World AIDS Day

14-22 Hanukkah

25 Christmas Day

26-Jan.1 Kwanzaa