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### President's Message

Welcome to the **Summer 2023** edition of the **Jessie Trice Community Health Newsletter!**

As we enter the warmer months of the year, our commitment to improving access and quality of life continues. At Jessie Trice Community Health System, we strive to make healthcare accessible to the entire South Florida community and improve their quality of life.

Our team constantly pushes boundaries and finds innovative ways to support our communities. We are delighted to bring you our latest news, events and initiatives and invite you to join us on social media to stay up to date.

We are grateful for your continued trust and support in this mission. Thank you for joining us in our quest for improved wellbeing for all!

**Annie Neasman, RN, MS**  
President/CEO

## Top News



**STAY  
PROTECTED  
FROM  
UV RAYS**

### Stay Sun-Safe This Summer

Summer is perfect for spending time outdoors and enjoying the warm sunshine. However, as enjoyable as it may be, it is crucial to remember the importance of protecting your skin from harmful UV rays. Prolonged exposure to the sun can cause serious damage to your skin, such as premature aging, sunburns, and an increased risk of skin cancer.

The best way to protect yourself from the sun is by wearing sunscreen with a minimum SPF of 15. The Centers for Disease Control and Prevention (CDC) also recommends wearing protective clothing like hats and sunglasses, and limiting the time in direct sunlight during peak hours to significantly reduce the risk of sun damage. By following these precautions, you can enjoy the summer safely while keeping your skin healthy and protected.

### Mental Health Awareness/Suicide Prevention

Although **Minority Mental Health Awareness Month** is recognized in July, and **Suicide Prevention Month** is recognized in September, the Jessie Trice Community Health System recognizes the importance of supporting mental health all year round. We encourage our community to reach out and get the support and help needed by calling the National Alliance on Mental Illness (NAMI) Helpline at 800-950-6264 or text "HelpLine" to 62640. The NAMI Miami-Dade County office is located at 299 Alhambra Circle, Ste 224, Coral Gables, FL 33134-5116. To reach by phone, call (305) 665-2540. The email is: [info@namimiami.org](mailto:info@namimiami.org), and the website is: <http://NAMIMiami.org>.

## Special Honors

### JTCHS' School Health Services Receives a Prestigious Honor

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The JTCHS School Health Services Program has received the 2023 Program of the Year Award from The Children's Trust at the Champions for Children Awards Ceremony.

Since its launch in 2006, the program has expanded to 40 sites, and provides daily essential health services including first aid, screenings of BMI and vision, and dental screenings.



### Dr. Joycelyn Lawrence Receives Special Honors

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Dr. Joycelyn Lawrence received the 2023 Live Healthy Miami Gardens Women's Health Champion Award for her dedication and exemplary service in advancing community health and well-being in the city.

This award honors women for going above and beyond to influence their community's health positively.

### Spotlight: Dr. Tim Tyler

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Dr. Tyler has over 40 years of experience bringing meaningful changes to organizations and enriching people's lives. He currently serves as the Outpatient Director of Behavioral Health Services for Jessie Trice Community Health System.

Dr. Tyler's impressive academic background reflects his dedication to learning and his commitment to excellence in his field. He holds a Bachelor of Science degree in Rehabilitative Services from Murray State University, a Master of Science in Education degree from the University of Miami, and a Doctorate in Education from Barry University.

In addition to his remarkable professional endeavors, Dr. Tim Tyler is a dedicated philanthropist. Dr. Tim Tyler carries on a powerful legacy as the son of Missionary parents. He is the founder of a non-profit organization called "The Miami Globetrotters" and has done mission work in West Africa, South Africa, Belize, and Haiti.

At Jessie Trice Community Health System, Inc., we are proud to have outstanding and committed individuals such as Dr. Tyler, helping us make a difference in the health outcomes of our residents.



## Other News

This has been a very busy and eventful year for the Jessie Trice CHS family. Here's a look at what we've been up to:

### Give Kids A Smile Day!



Our annual "Give Kids a Smile Day" in honor of National Children's Dental Health Month took place in February. We provided free general dental services, including screenings, cleanings, and sealants, to over 50 uninsured children in the community. In addition, and in celebration of the NFL Draft, we had surprise appearances from NFL players Chatarius "Tutu" Atwell, a wide receiver for the Los Angeles Rams, and Zach Seiler, a defensive end for the Miami Dolphins.

### Colorectal Cancer Awareness Seminar

In March, Jessie Trice CHS, in partnership with the Beta Beta Lambda Chapter of Phi Alpha Fraternity, hosted a colorectal cancer prevention and screening seminar. Dr. Joycelyn Lawrence, JTCHS's Chief Medical Officer, led the discussion and presented valuable information on how early detection is the key to treating and surviving colorectal cancer.

### Health & Wellness Event

In recognition of Men's Health Month in May, we hosted a Health and Wellness event at the JTCHS - Dr. Fatima Zafar Center. At this event, we provided a wide range of services, including comprehensive physical exams, oral health assessments, blood pressure and sugar screenings, and much more.

### Hot Of the Press – "Health & Wellness" Brochure

JTCHS has produced a Health & Wellness brochure. The brochure is a personalized guide to good health with a list of health screenings for clinical preventive services based on the United States Preventive Services Task Force (USPSTF), and more. Be sure to ask for your copy during your next visit.



### Back to School Health Fair

Stay tuned on our social media channels for our highly anticipated annual **Back to School Health Fair**. At JTCHS, we understand the importance of a healthy start, which is why we host this annual event to offer an affordable way for parents to take charge of their children's well-being before school starts. Be sure to follow us on Facebook, Twitter and Instagram - @jessietricechs to stay up-to-date on this event's details!

## Expanding Expectations

At JTCHS Pharmacy, we are expanding your expectations! JTCHS Pharmacy offers quick, accessible services, free delivery, great savings and auto-refills, plus email and text reminders. Take advantage of the benefits of JTCHS Pharmacy. Call us today or visit our website. Don't wait - get your prescription from a place you trust.

### Pharmacy Locations

#### JTCHS – Corporate Office Complex

5607 NW 27th Ave. Suite 1, Miami, FL 33142

#### JTCHS – Barbara Jordan Health & Wellness Center

20612 NW 27th Avenue, Miami Gardens, FL 33056

#### JTCHS – Flamingo Center

901 E. 10th Avenue, Bay 39, Hialeah, FL 33010

### Visit us at one of these key locations:

#### JTCHS – Dr. Fatima Zafar Center

5361 NW 22nd Avenue  
Miami, Florida 33142

#### JTCHS – Children's Wellness Center

1190 NW 95th Street  
Suite 304  
Miami, Florida 33150

#### Frederica Wilson/ Juanita Mann Health Center

2520 NW 75th Street  
Miami, Florida 33147

#### JTCHS – Women's Health Center

1190 NW 95th Street  
Suite 100-102  
Miami, Florida 33150

#### JTCHS – Dental Health Center

5607 NW 27th Avenue, Suite 2  
Miami, Florida 33142

#### JTCHS – Flamingo Center

901 E. 10th Avenue  
Bay 39  
Hialeah, Florida 33010

#### Jefferson Reaves House Women's Residential

2985 NW 54th Street  
Miami, Florida 33142

#### Barbara J. Jordan Community Health & Wellness Center

20612 NW 27th Avenue,  
Miami Gardens, Florida 33056

#### JTCHS – Florida Memorial Univ.

15800 NW 42nd Avenue  
Miami Gardens, Florida 33054

#### JTCHS – Opa-Locka Children's Wellness Center

490 Opa-Locka Boulevard  
Opa-Locka, Florida 33054

#### Services to be discontinued at our Lotus Village location

Later this summer, the clinical operations at the Lotus Village Facility will come to an end. As we move forward, know that our commitment to providing affordable and accessible quality healthcare to the community we serve remains steadfast. Together, we can overcome any challenge and continue to make a positive impact on the health and well-being of our community.

The Jessie Trice Community Health System, Inc (JTCHS) is one of Miami-Dade County's preeminent federally qualified community healthcare centers, governed by a remarkably dedicated Board of Directors (51% of which are users of the medical and dental services) and a diverse, incredibly talented, committed family of providers and staff. The 1st Federally Qualified Health Center in the state and 5th in the nation, Jessie Trice Community Health System, Inc. is a Florida 501 (c) 3, not-for-profit organization that has been serving Miami-Dade County since 1967. JTCHS served its first patients from a trailer. Now, more than fifty four (55) years after its founding, JTCHS owns and operates nine (9) Comprehensive Primary Care centers, a 40 bed Women's Residential Center for substance use, and are located in one (1) university and forty (40) school-based health suites. JTCHS knows and specializes in comprehensive health, offering a myriad of services to improve the health of the community. This includes: dentistry, family medicine, nutrition, HIV/AIDS, behavioral health, transportation, healthy start, obstetric & gynecological care, school-based health, community health promotions, health & wellness center, pediatrics, and ancillary services.

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